

**Pre-Procedure Diabetes or GLP-1 Medication Instructions**

**GLP-1 Medication for Diabetes or Weight Management (Ozempic, Wegovy) cause delayed gastric motility, therefore it is imperative you comply with the guidelines, if not your procedure may be delayed or canceled.**

- In preparation for your procedure, you will need to follow specific instructions regarding your diabetes or any GLP-1 (weight management) medications. Read the information below carefully following the instructions given to you by your provider for insulin adjustments.
- If you prefer, you may review these instructions with your diabetes specialist.
- **If you have an insulin pump, please consult your endocrinologist for specific instructions.**
- Unless otherwise indicated, take diabetes medications or GLP 1 medications as directed below:

<b>Diabetes or GLP-1 Medication</b>	<b>7 days before Procedure</b>	<b>Morning Day before Procedure</b>	<b>Night Before Procedure</b>	<b>Morning Day of Procedure</b>
Oral meds or Pills	Usual Dose	Usual Dose	<b>Colonoscopy: Do NOT Take evening dose.</b> EGD ONLY: Okay to take evening dose.	<b>Do NOT Take morning doses.</b> Resume when home after procedure.
Insulin	Usual Dose	Usual Dose	Take ½ the usual dose. See bulleted instructions below.	<b>Do NOT Take morning doses.</b> Resume when home after procedure.
GLP-1 taken daily *See List	Usual Dose	<b>Do NOT Take</b>	<b>Do NOT Take</b>	<b>Do NOT Take morning doses.</b> Resume when home after procedure.
GLP-1 taken weekly	<b>STOP 7 days prior</b>	<b>Do NOT Take</b>	<b>Do NOT Take</b>	<b>Do NOT Take morning doses.</b> Resume when home after procedure.

**Check your blood sugar the evening before your procedure and the morning of your procedure.**

- If your blood sugar is below 80 at either of these checks, drink a glass of clear fruit juice and recheck it. You may continue to drink clear fruit juice, if needed, up to 4 hours before your procedure. At that point, if you blood sugar is still below 80 or symptoms fail to resolve, call the office for further instructions.
- If your blood sugar is over 350, either use your fast acting sliding scale insulin or call the office for further instructions.

**Day Before Your Procedure:**

- We encourage you to drinking plenty of clear fluids. As a diabetic, normally you may not drink much juice. However, for the colonoscopy preparation, it is okay to drink Gatorade or juices that may contain sugar.
- Do Not drink only water or sugar-free drinks all day. Since your food intake is restricted per your individual instructions, it is important that you drink fluids that contain electrolytes, sugar and calories. It is dangerous when your glucose levels drop too low. If your glucose levels are slightly high for one day, that is okay.
- You can alternate clear juices with clear chicken or vegetable broth.

**Day of Your Procedure:**

- You can continue to drink clear fluids up to 4 hours before procedure.
- Do not take any of your diabetic medications before your procedure.
- Before you leave your house, check your glucose level. Inform our office if your results is below 80 or above 350.
- Once the colonoscopy is over, you may resume your normal diet. Once you begin eating again, you can start taking your regular medications.
- It is very important to stay well hydrated both before and after the colonoscopy. Continue to drink plenty of fluids when you get home and throughout the day following your procedure.

**List of GLP1 Antagonist 1/10/25**

Glucagon-like peptide-1 (GLP-1) receptor agonists are a class of medications that treat type 2 diabetes and obesity. Some examples include:

**Daily- Tablet Forms - must hold 1 days**

Semglutide (Ozempic, Rybelsus)

Liraglutide (Saxenda)

Lixisenatide (Adlyxin)

**Daily Injections - follow instructions for GLP-1 taken daily on previous page**

Liraglutide (Victoza)

**Weekly Injections - must hold 7 full days**

Semglutide (Ozempic, Wegovy)

Dulaglutide (Trulicity)

Exenatide Extended Release (Bydureon, Byetta, BCise)

Tirzepatide (Mounjaro) **(Zepbound)**

Liraglutide (Victoza) usually daily ask provider how to hold.

	DOSAGE	DOSAGE FORM
Ozempic (SEMAGLUTIDE)	1 WEEKLY	
Rybelsus (SEMAGLUTIDE)	1 DAILY	
Wegovy (SEMAGLUTIDE)	1 WEEKLY	
Trulicity (DULAGLUTIDE)	1 WEEKLY	
Victoza (LIRAGLUTIDE)	1 DAILY	
Saxenda (LIRAGLUTIDE)	1 DAILY	
Byetta (EXENATIDE)	2 DAILY	
Bydureon BCise (EXENATIDE)	1 WEEKLY	
Mounjaro (TIRZEPATIDE)	1 WEEKLY	