



EGD INSTRUCTIONS

◆ 419-879-3636 ◆

**** CANCELLATIONS UNDER 48 HOURS OR NO SHOWS may result in a FEE or INABILITY TO RESCHEDULE (Please refer to our Financial Policy) ****

DATE: _____ **ARRIVAL TIME:** _____ **PROCEDURE TIME:** _____

PLEASE READ THESE INSTRUCTIONS CAREFULLY, AS SOON AS YOU RECEIVE THEM!

1. Please notify us if you have an **Implantable Defibrillator** or on a **blood thinner**.
2. You should have **nothing to eat (NO SOLID FOODS) TWELVE (12) hrs.** before your procedure.
NO CHEWING GUM, VAPING, SMOKING, INGESTION OF MARIJUANA, OR ALCOHOL OF ANY KIND WITHIN 24 HOURS OF YOUR PROCEDURE.
3. You may have **CLEAR LIQUIDS** up to **SIX (6) hrs.** before your arrival time.
YOU MUST STOP DRINKING ANY CLEAR LIQUIDS SIX (6) hrs. BEFORE YOUR ARRIVAL TIME
4. You will need to **have a designated driver, WHO REMAINS IN THE FACILITY AT ALL TIMES on the day of your procedure,** (NOT A TAXI) as you will be sedated and too sleepy to drive yourself home.
5. **SIX (6) hours** before you leave for your procedure: please take heart, blood pressure, and/or seizure medication, if normally taken in the morning with a small sip of water, then NOTHING to drink after.
6. **** BRING LIST OF CURRENT MEDICATIONS WITH DOSAGE WITH YOU ON THE DAY OF THE PROCEDURE.** If you use an **inhaler or C-Pap machine**, please bring it with you.
7. **PLEASE HOLD THE FOLLOWING _____ FOR _____ DAYS PRIOR TO PROCEDURE**
8. **PLEASE HOLD THE FOLLOWING 1 WEEK PRIOR:**

Byetta (Exenatide)	Zepbound (Tirzepatide)
Victoza (Liraglutide)	Trulicity (Dulaglutide)
Adlyxin (Lixisenatide)	Ozempic (Semaglutide)
Saxenda (Liraglutide)	Wegovy (Semaglutide)
Lyxumia (Lixisenatide)	Rybelsus (Semaglutide)
Mounjaro (Tirzepatide)	Bydureon (Exenatide)

****DIABETIC PATIENTS PLEASE FOLLOW THESE GUIDELINES****

***ORAL ANTIDIABETIC MEDICATION: Do not take the day of the EGD.**

***INSULIN: No evening doses of insulin the night before the EGD**

***SLIDING SCALE INSULIN: Check your blood sugar and follow the scale**

****Please check blood sugar on day of procedure****

CLEAR LIQUIDS INCLUDE:

- Strained fruit juices, without pulp
(Apple, white grape, white cranberry)
- Water
- Clear broth (chicken or beef)
- Gatorade (**NO RED**)
- Black Coffee (**NO CREAM or SUGAR**)
- Ice Popsicles (**NO RED**)
- Clear carbonated and non-carbonated
- Soft drinks (7-Up, Sprite, Starry, Mt Dew, etc.)
- Kool-Aid & fruit flavored drinks
- Plain Jell-O (**NO RED** and without added fruits or toppings)
- Unsweetened Tea

****NO SOLID FOODS 12 hrs. PRIOR & YOU MUST STOP
DRINKING ANY CLEAR LIQUIDS SIX (6) hrs. BEFORE YOUR
ARRIVAL TIME****