



Meeting House Rd Ste 6-8
Chelmsford, MA 01824
978-454-9811
978-221-6245

PLEASE READ THESE DIRECTIONS AT LEAST SEVERAL DAYS BEFORE YOUR SCHEDULED PROCEDURE

Patient:

You are scheduled for an **Upper Endoscopy** at:

- Lowell General Hospital 295 Varnum Ave Lowell, MA
- Northeast Endoscopy Center: 59 Lowes Way Lowell, MA

ON:

At:

You must report to the **Endoscopy Unit** at:

If you need to cancel or reschedule this procedure, you must do so at least 3 days prior to avoid a \$150 cancellation fee.

A family member or friend must drive you to and from your procedure. You will not be able to drive or work after the procedure.

PLEASE STOP ALL SOLID FOOD AND LIQUIDS 8 HOURS PRIOR TO YOUR PROCEDURE.

Regarding your medication: Follow the directions as indicated below and contact the office (978-454-9811) if you have any questions.

- Avoid Aspirin, Advil, Aleve, Vioxx, Celebrex and similar medications for 7 days prior to procedure. Tylenol or other acetaminophen-based products are fine.
- **7 days** prior to the procedure **STOP** Aspirin, Advil, Aleve, Celebrex, Motrin, Ibuprofen, Fish Oil and Iron supplements. Tylenol or other acetaminophen based products are OK.
- Make sure to stop Fish Oil 7 days prior to the procedure.
- Take only ½ the usual dose of your diabetic medications on the morning of the procedure.
- **If you smoke, please stop smoking 2 days prior to your procedure.**
- **Do not use marijuana eight hours prior to the procedure as it could cause complications/adverse effects.**
- If you take Coumadin, Warfarin, Plavix, Ticlopidine or other blood thinners stop these medications as follows.

- Unless we have discussed otherwise, you SHOULD take your usual blood pressure, heart, or other medications on the day of the procedure. You can take them with a few sips of water at least two hours before the procedure.

Please contact the office at 978-454-9811 with any6 questions you may have. We understand that this procedure may raise concerns for you but we hope to make this procedure as positive an experience as possible.

Thank you,