

## **SUTAB BOWEL PREP KIT** **PREPARATION FOR COLONOSCOPY**

***EFFECTS OF BOWEL PREPARATION:*** The tablets will cause you to have repeated loose stools (diarrhea), which is the expected result. The tablets usually work within 60 minutes but may take longer to take effect. During the preparation process you are advised to stay close to a bathroom.

**At least one week prior to the procedure:** Please read all of the instructions carefully. It is advised that you take the prescription to your pharmacy to have it filled. Purchase Desitin or Vaseline.

**The day prior to the procedure:** To ensure the highest quality preparation you ***must*** remain on clear liquids all day and complete all of your prep. *This will give your physician the clearest view of your colon.* To prevent soreness while passing the diarrhea caused by the bowel prep apply Desitin or Vaseline to your anus.

**Please follow these instructions carefully (DO NOT follow the instructions on the prep box)**

***Starting in between 6-7pm the night before your procedure:***

**Step 1** – Open one bottle of 12 tablets

**Step 2** – Fill the provided container with 16 ounces of water (up to fill line). Swallow one tablet every 2 minutes with a sip of water and drink the entire amount over 15-20 minutes.

**Step 3** – Approximately 1 hour after the last tablet is swallowed, fill the provided container a second time with 16 ounces of water (up to fill line) and drink the entire amount over 30 minutes.

**Step 4** - Approximately 30 minutes after finishing the second container of water, fill the provided container with 16 ounces of water (up to fill line) and drink the entire amount over 30 minutes.

**Morning of your procedure (approximately 5-6 hours prior to your arrival time):**

Repeat steps 1-3

**It is a requirement to drink water as directed above.**

**\*\*DO NOT DRINK ANYTHING**  
**2 HOURS PRIOR TO YOUR ARRIVAL TIME**  
**OR YOUR PROCEDURE MAY BE CANCELLED OR RESCHEDULED\*\***