



PREPARATIONS FOR AN EGD

Patient name: _____

Location: The Endoscopy Center, Suite 810 Alexandria INOVA Hospital

If you are taking *ASPIRIN, blood thinners, or iron supplements, i.e. PLAVIX, COUMADIN* please **STOP** taking these medications **THREE** days before your procedure.

Please ensure that you have discussed this with your physician.

If you have diabetes, **DO NOT** take your diabetic medication on the day of procedure. Please bring these medications with you and you may take them after your procedure. If applicable, take all blood pressure and heart medications on the morning of your procedure with very small sips of water.

Please consult with your doctor if you have any concerns regarding your medications.

The day before the procedure _____

You may have a **regular diet**. Please eat according to your **normal** schedule.
Eat foods that you would normally eat, in the amounts that are normal for you.
After dinner, you may have water or clear juice only.
AFTER 12 MIDNIGHT DO **NOT** EAT OR DRINK ANYTHING, INCLUDING WATER.

The day of the procedure _____

DO NOT EAT OR DRINK ANYTHING, INCLUDING WATER, THE DAY OF PROCEDURE.

PLEASE CHECK IN AT _____ A.M. / P.M.

THE PROCEDURE WILL BEGIN AT _____ A.M. / P.M.

*****PLEASE DO NOT BRING ANY VALUABLES, i.e. jewelry, personal items TO OUR OFFICE ON YOUR PROCEDURE DAY AS WE CANNOT BE RESPONSIBLE IF THEY ARE LOST OR DAMAGED. *****

SINCE YOU WILL BE GIVEN IV CONSCIOUS SEDATION, YOU MUST HAVE A RESPONSIBLE ADULT TO DRIVE YOU HOME. NO TAXIS ARE PERMITTED AND DRIVING IS PROHIBITED FOR THE REMAINDER OF YOUR PROCEDURE DAY. Please have your driver pick you up in The Endoscopy Center- Kenmore Bldg. Ste 810 / hospital.

If you have any questions after or before work hours, please call **703-823-0333** and the on-call physician will be paged.

Please note for The Endoscopy Center parking:

If your procedure is before 8:00 am, please park your vehicle in the patient parking garage. This is the only elevator entrance in the early morning. The elevators are operational after 6:45 am and can be accessed from Level A. If the elevators will not go to the 8th floor, follow the instructions in the elevator that explain how to get in touch with the service that will allow access to the 8th floor.

Please note for HOSPITAL procedure parking:

Please park in the pay parking lot. You will need to check into the visitor entrance and enter through the left door for the Endoscopy Suite. If your procedure check-in time is at 7:00 am, please do not arrive any earlier – the Endoscopy Suite does not open until 7:00am.