

**GASTRO
HEALTH**



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MIDDLESEX
**DIGESTIVE
& HEALTH**
ENDOSCOPY CENTER



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Fibroscan

You are scheduled for an appointment for a Fibroscan on: _____ At _____
AM/PM

How to prepare for this exam:

It's important to have your Fibroscan on an empty stomach, so don't eat anything for at least 3 hours prior to your exam. You can drink plain water during this time.

Wear comfortable clothing that will allow your healthcare provider to expose the right side of your rib cage.

What is the Fibroscan:

Fibroscan is a non-invasive way to measure the stiffness of your liver. Fibroscan works by emitting a small pulse of energy, which may feel like a slight vibration or thumping on the skin. Fibroscan then calculates the speed of this energy to give your healthcare provider an immediate measure of the stiffness of your liver. The stiffness measure can be an important part of understanding your overall liver health.

Fibroscan is not painful. During the measurement you may feel a slight vibration or thumping on the skin from the tip of the probe.

What to expect:

You will lay on your back, with your right arm raised behind your head. Your healthcare provider will apply a water-based gel to the probe, which will be placed on your skin on the right side of your ribcage.

The provider will then make some quick measurements during the Fibroscan examination. These measurements will be used to establish an overall stiffness score. The exam can take anywhere between 15-30 minutes, and you will then be free to go. The report of the exam will then be reviewed by your physician and the results will be reported to you by phone or letter.

If you have any questions, please call: 978-429-2010